

5 Easy Steps To Wreck Your Life

How To Commit Adultery - Weekend of Jan. 5, 2013

You shall not commit adultery. Exodus 20:14

FIVE EASY STEPS TO COMMIT ADULTERY

1. Neglect Your Marriage.
2. Enjoy Common Interests & Form An Emotional Bond With Someone Else.
3. Anticipate Time Together.
4. Flirt Whenever Possible.
5. Make Excuses And Rationalize Your Actions.

RADICALLY REDUCE THE RISKS

"But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart." Matt. 5:28

1. Keep a growing relationship with Christ.
2. Never be alone with the wrong people.
3. Never talk badly about your marriage with the wrong people.
4. Surround yourself with strong marriages.
5. Avoid inappropriate places and situations.

INVEST PASSIONATELY IN YOUR MARRIAGE

1. Get transparent.
2. Get alone.
3. Get spiritual.
4. Get help.
5. Get naked.

GOD'S GOOD NEWS

Even When We Are Unfaithful, God Is Faithful.

"If we are faithless, he will remain faithful..." 2 Timothy 2:13

January Message Series

5 Easy Steps to Wreck Your Life

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| Weekend of Jan. 5 | How to commit adultery. |
| Weekend of Jan. 12 | How to lose your faith. |
| Weekend of Jan. 19 | How to be an addict. |
| Weekend of Jan. 26 | How to be dissatisfied. |

NOTES:

DISCUSSION QUESTIONS

1. *Read Hebrews 13:4. Scripture teaches that everyone should honor marriage. Whether you're married or not, you should still work to keep "the marriage bed pure." What does this mean to you?*
2. *In the message, we examined five ways to invest in your marriage. If you are married, what is one specific thing you could do to work on your marriage? If you aren't married what is one specific thing you could do to better prepare for a godly marriage?*
3. *How have you seen God's faithfulness in the midst of marital unfaithfulness?*

Assess your relationship with Couple Checkup

Go online to couplecheckup.ca

Next Big Night Out: Friday, Feb. 15